



# School Mental Health Advisory Council



October 17, 2024

*Kansas leads the world in the success of each student.*

# Call to order

- Roll Call
  - Introductions



# Approval of Agenda and Minutes



Agenda: October 17, 2024

Minutes: April 18, 2024

# Public Comment

- Guidelines for Testimony
  - Prior to start of the School Mental Health Advisory Council meeting, be sure to email Alysha Nichols, [anichols@ksde.org](mailto:anichols@ksde.org) expressing desire to speak during public comment.
  - All comments will be taken under advisement by the council.
  - Any response from the Council to public comments will come at a later date.
- Verbal Public Comment
  - Verbal comments are limited to three minutes.
  - Cue will be given one minute before time expires.
- Written Testimony
  - Written input must include the name, address and county of residence of the person submitting comment.
  - Written comments can be submitted via email to Alysha Nichols, [anichols@ksde.org](mailto:anichols@ksde.org)



# Survey

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Betty Arnold  
Trish Backman

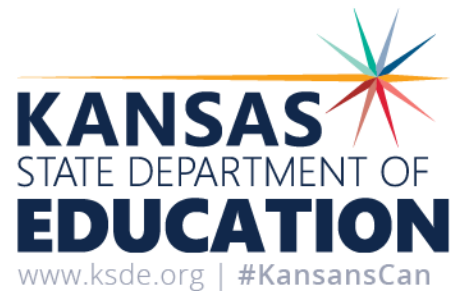


# Bullying Prevention Workgroup

Trish Backman

# School Mental Health 2024-2025

Trish Backman




Trish Backman

KSDE school mental health coordinator

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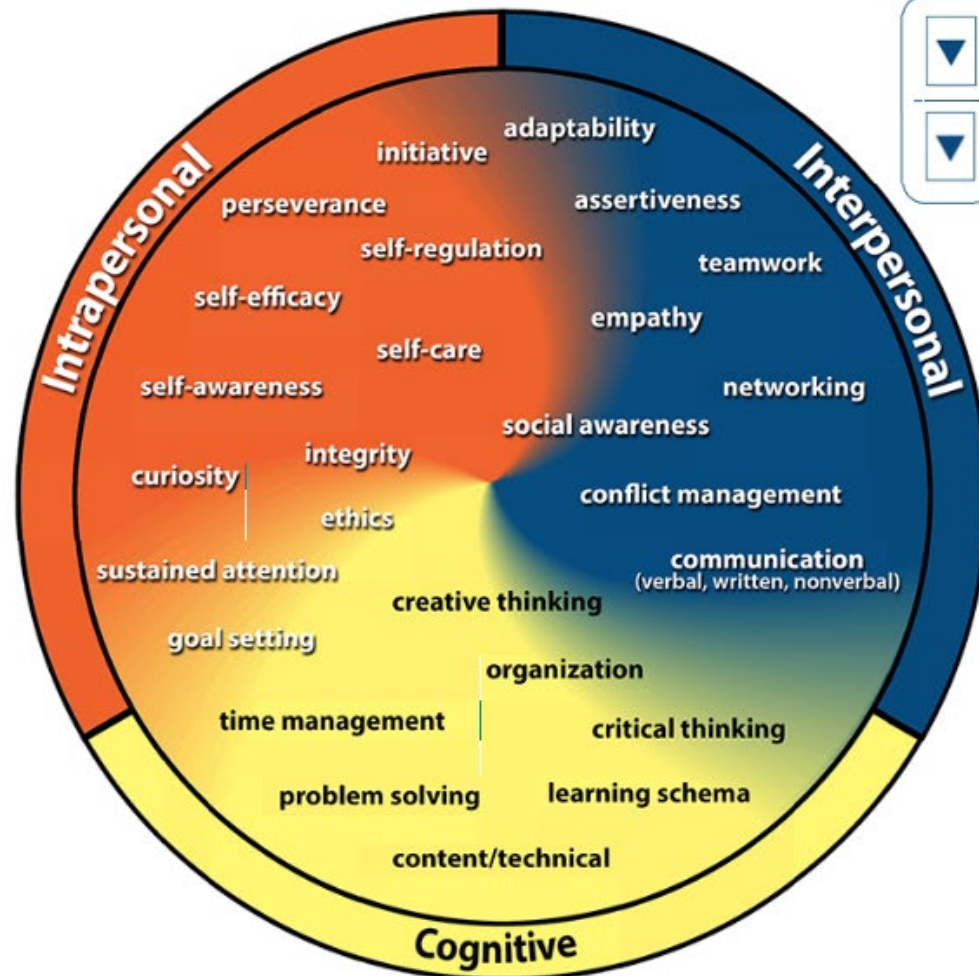




# School Mental Health Trainings through KSDE



Scroll over each competency on the wheel for a menu of free resources.  
A list of these resources is also available below.



© 2013 Amy Gaumer Erickson and Patricia Noonan

[Lists of Competency Resources](#)

- **Kansans Can Competency Training- 26 skills that matter**
- **Free for all Kansas Schools**



# Student Voice and Choice, Cohort 1 Year 1 starting

- October 1
- Feb 13
- April 10



- **Dr Lori Desautels eCoaching in Neuroscience Education**
- **Mindfulness and School-Based Yoga**
- **How to create Calming Corners**
- **District Community Leadership Team Building**
- **Book Studies**

**TASN  
School  
Mental  
Health  
Initiative  
(SMHI)**





# 988

## SUICIDE & CRISIS LIFELINE



- 545,472 calls answered monthly
- 98% of calls answered
- 90 second average to answer a call
- 17 minute average to resolve "crisis" and find support



# New Resource: MRSS



**Mobile Response and Stabilization Services**  
**(MRSS)**

**How is it accessed in Kansas?**

Dial 9-8-8, National Suicide and Crisis Lifeline

Call 833.441.2240, the Kansas DCF Family Mobile Crisis Helpline  
(For all Kansas youth ages 20 and younger)

Call a local Community Mental Health Center crisis line

The aim is 'No Wrong Door' for crisis support and to ensure timely crisis services without delay and regardless of where it is needed

  
Kansas  
Department for Aging  
and Disability Services





# MRSS

- ▶ Summer pilot- worked out the bugs
- ▶ Geolocations have made this possible



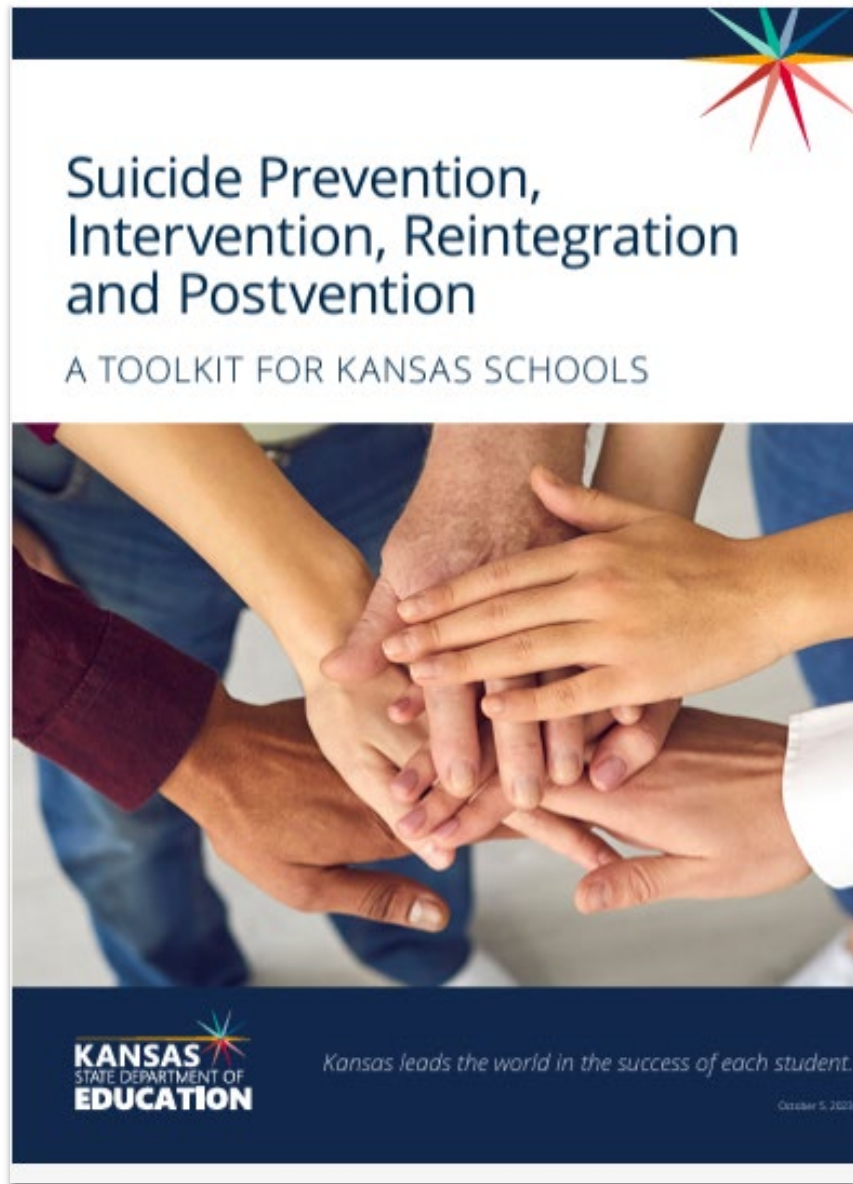
Use this QR Code to  
access fillable forms  
that will be covered in  
this Toolkit:



# Updated Crisis Prevention Toolkit RELEASED OCTOBER 2023







# 881 Kansas School Mental Health Team Members TRAINED



# Toolkit Resources can be found on this padlet:

- School Mental Health Team roles
- Columbia Screener with responses
- Parent Acknowledgement Form
- ROI and MOU templates
- Stanley Brown Safety Plan
- Reintegration Checklist
- Postvention Checklist
- Much More





# MHIT moves to KDADS

# 110 YLink funded groups in Kansas



Supported by Andres Mata  
Funded through KDADS grant



## FOUR PILLAR MODEL

The core programs we believe every school needs - for grades 4-12.



### Classroom Education

Educational lessons about mental health, depression and suicide.



### Empowerment Clubs

Good mental health clubs to empower young people to change the world.



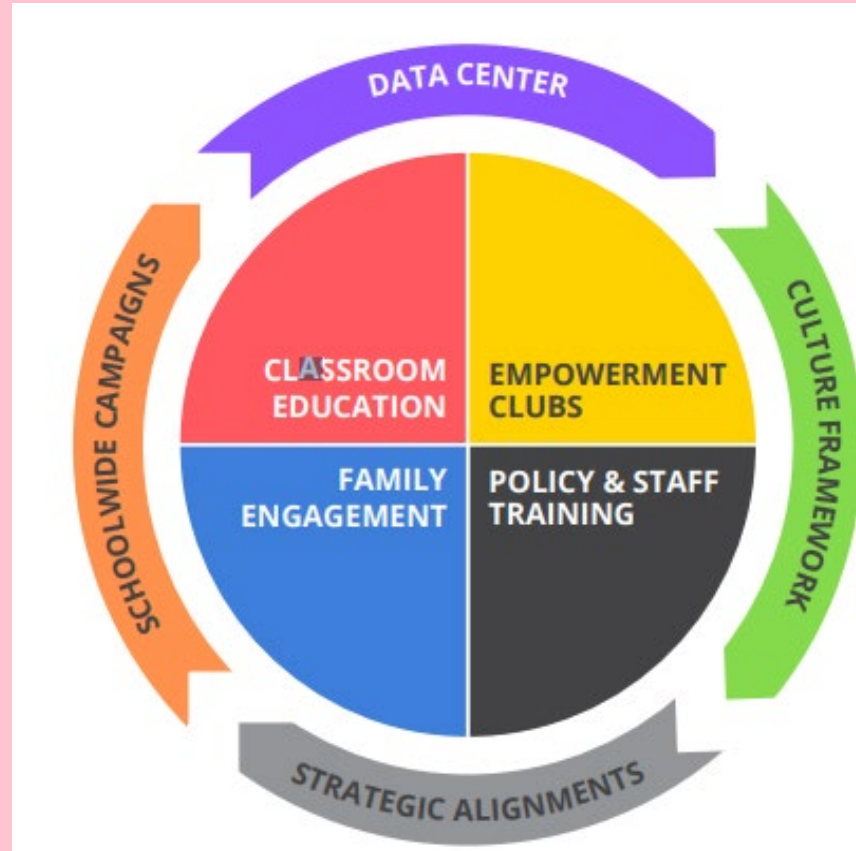
### Family Engagement

Programs and resources for families to be partners in mental health.



### Policy & Staff Training

Staff training, well-being activities and more for a positive climate.



Free resource for Kansas schools paid for by SAMHSA



## Agencies Working Together SE Kansas teams channel

- **75% decrease in out of home foster placements**



# Community Based Health Workers in 9 schools

Connect to Robert Stiles





- Stepping Up Juvenile Justice Program
- Sedgwick County IJP



# Successes

- Educational Service Center School Mental Health Teams
- Greenbush providing forums and showcasing High Quality Instruction in the field
- Schools training SMHT
- Discussions on Mental Health First Aid implementation in required HS Health classes
- Empowering Schools to decrease exclusionary practices; neuroscience based BIPs, investigate LRE, trauma responsive, restorative practices
- Stepping Up
- Crossover work with DCF
- Governor's Behavioral Health Planning Team
  - Create data dashboard all agencies use as a resource
  - Create data sharing plan for consistency of care



# Barriers

Underrepresentation in data for students facing justice involvement, McKinney Vento status, foster placements, and migrant status due to opt in addressed as a health care parity concern



No clear pathway identified for HS students in behavioral health professions- work to identify the need through Department of Commerce- develop clear IPS pathway



Transition plans are not including training for students to learn how to maintain access to BH/MH services post-graduation



AI false alarms



# Goals for 2024-25



- **Enhance youth voice- YLink in 125+ schools**
- **Data sharing platform with DCF, KDOC, KDADS, KSDE, KDHE**
- **Enhance training of Kansans Can Competencies across all grade levels for coherent skill building**
- **Improve transition planning with mental health services post-graduation; continuum of care model**
- **SPA for Medicaid expansion**
- **Behavior Threat Screening tool**
- **Bullying Prevention Task Force**
- **Updated Discipline reporting; catch all not just SPED**



# What are your goals?

## Administration



## Staff



## Students



# Reach Out!



Trish Backman

School Mental Health Coordinator  
Special Education and Title Services

(785) 296-6937

[tbackman@ksde.org](mailto:tbackman@ksde.org)

The Kansas State Department of Education does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups. The following person has been designated to handle inquiries regarding the nondiscrimination policies: KSDE General Counsel, Office of General Counsel, KSDE, Landon State Office Building, 900 S.W. Jackson, Suite 102, Topeka, KS 66612, (785) 296-3201.



# Agency Updates



Bert Moore

# Future Meeting Dates

- December 19, 2024; 9am to 12pm
  - February 20, 2025; 9am to 12pm
  - April 17, 2025; 9am to 12pm
- 
- Please watch for emails from **SMHAC@LISTSERV.KSDE.ORG**



# Council Member Updates Future Agenda Topics





# Wrap Up Comments Adjourn



Jane Groff



Jane Groff  
Executive Director  
Kansas Parent Information Resource  
Center  
866-711-6711  
[jgroff@kpirc.org](mailto:jgroff@kpirc.org)

Alysha Nichols  
Senior Administrative Assistant  
Special Education and Title Services  
(785) 296-6066  
[anichols@ksde.org](mailto:anichols@ksde.org)

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900 SW Jackson Street, Suite 102  
Topeka, Kansas 66612-1212  
785-296-3201 | [www.ksde.org](http://www.ksde.org)

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