



School Mental Health Advisory Council



October 14, 2021

Kansas leads the world in the success of each student.

Call to order

- Roll Call



Approval of Agenda and Minutes



Agenda: October 14, 2021

Minutes: July 26, 2021

Poll questions will allow the votes to be public information but will not reveal how individuals vote.

Public Comment

- Guidelines for Testimony
 - Prior to start of the School Mental Health Advisory Council meeting, be sure to email Kelli Byrne, kbyrne@ksde.org expressing desire to speak during public comment.
 - All comments will be taken under advisement by the council.
 - Any response from the Council to public comments will come at a later date.
- Verbal Public Comment
 - Verbal comments are limited to three minutes.
 - Cue will be given one minute before time expires.
- Written Testimony
 - Written input must include the name, address and county of residence of the person submitting comment.
 - Written comments can be submitted via email to Kelli Byrne, kbyrne@ksde.org



Introduction of New SMHAC Members



Kathy Busch

New Members

Tracie Chauvin	School social worker	KSSWA/KCKPS
Samantha Brown	Member of a local board of education (midsize district)	USD 378 School Board & 383 Mental Health Liasion
Sherry Dumolien	Special education administrator	USD 512-Shawnee Mission
Idalia Shuman	Teacher (currently teaching elementary and/or secondary)	KNEA
Tamara Huff	Advocacy organization- Diversity, Equity & Inclusion	KPIRC
Melanie Scott	School Counselor	USD 480 Liberal
Mallory Keeffe	Foster Care Representative	TFI



Suicide – Cluster Update

Monica Kurz

Shanna Bigler

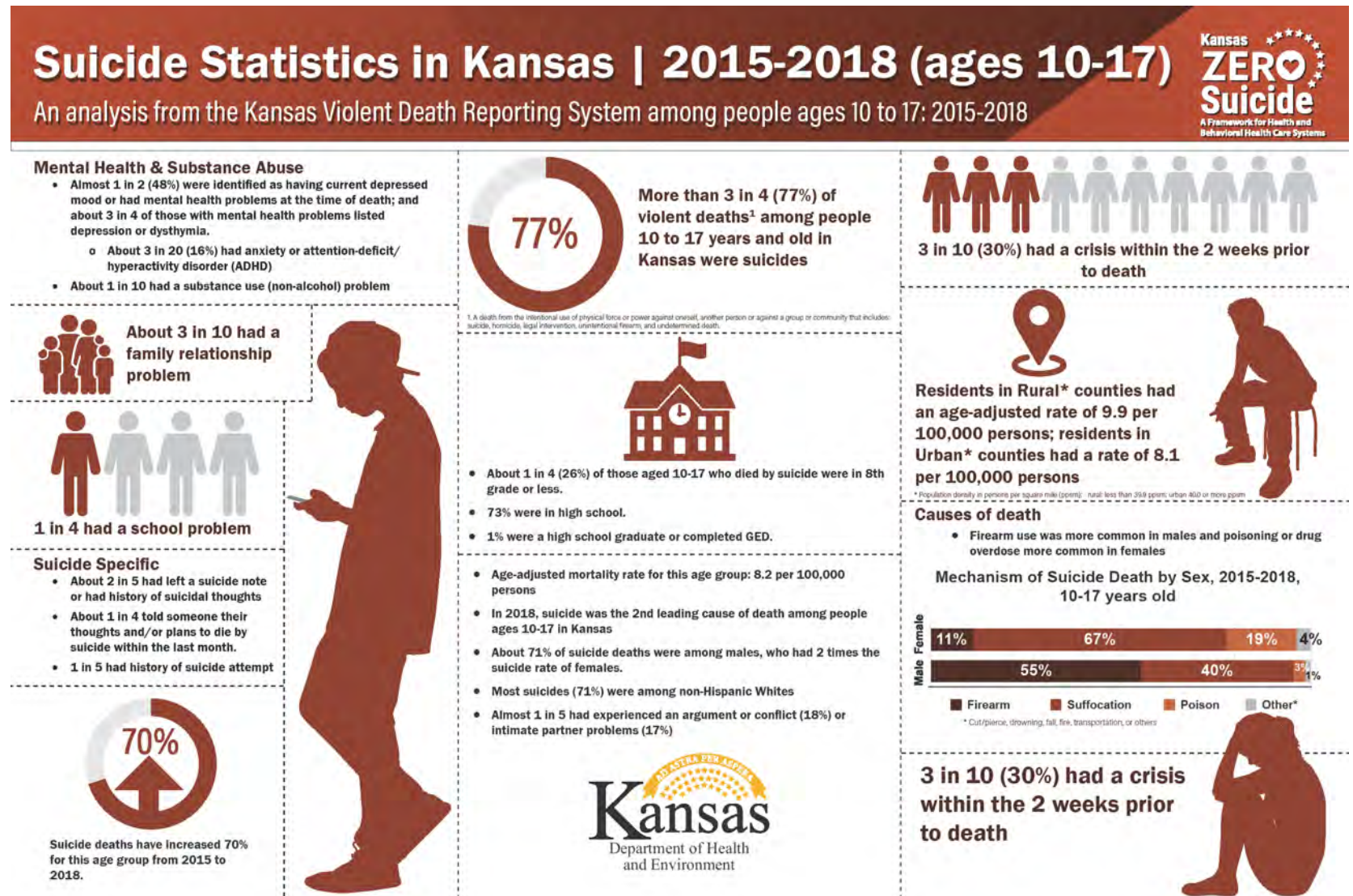


Youth Suicide Update

Monica Kurz, Lmsw
Kansas suicide prevention hq
monica@ksphq.org

Kansas Violent Death Reporting System 2015-2018

- Suicide in ages 10-17 have increased **70%** from 2015-2018
- Rural suicide death rates were 9.9 per 100,000 compared to 8.1 for urban
- 30% reported a family relationship problem
- 30% reported a crisis within two weeks of death
- 20% reported had a school problem



Youth Suicide Attempts Emergency Department Visits COVID-19 versus 2019

Throughout the pandemic girls have been about 3 times as likely to be in the ED for suicide attempts than males

Spring 2020

- Decrease 19.3%

Summer 2020

- Increase 26.2%

Winter 2021

- Increase 68.2%





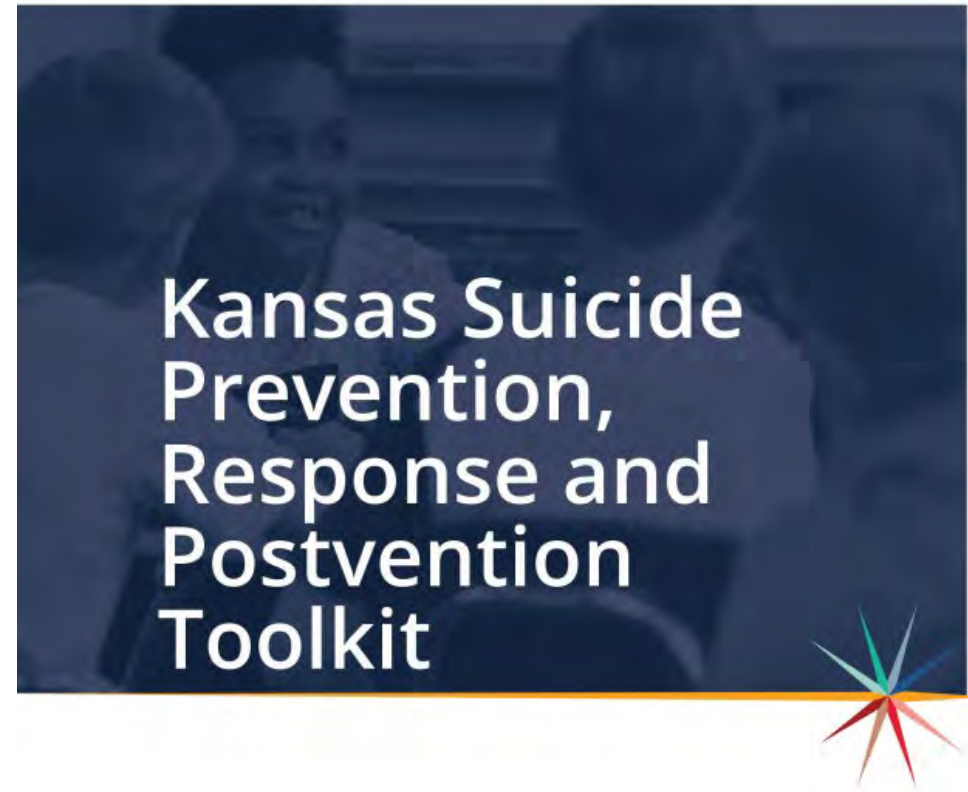
- Timely, coordinated and appropriate activities following a suicide death
- Support loss survivors and prevent suicide contagion
- Acts as prevention for the next generation
- Requires planning and communication
- May involve different key partners depending on the community

Community Stakeholders

- Coroner/Medical Examiner
- Law Enforcement
- Schools
- Community Mental Health Center
- Crisis lines/centers
- Loss Survivors
- Chaplains and clergy
- Funeral directors and/or funeral chapels
- Primary care Providers
- Hospital and emergency room staff
- Leaders and/or healers from cultural groups in the community



- Kansas Suicide Prevention, Response and Postvention Toolkit
- After Rural Suicide: A Guide for Coordinated Community Postvention Response
- After a Suicide: A Toolkit for Schools
- Suicide Prevention Competencies for Faith Leaders: Supporting Life Before, During and After a Suicidal Crisis



Educator Preparation Program Report




Catherine Chimdling



BREAK – 15 minutes

ESI Annual and Trend Reports



Shanna Bigler

Cyberbullying Protocol and Feedback Collection



Shanna Bigler
John Calvert



Educator Preparation Training Topics



The state of Kansas requires all educators complete training on the following **mental health** topics:

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Suicide Prevention and Awareness

- Jason Flatt Act
- Annual training requires a minimum of one hour
- Kansas Suicide and Prevention, Response, and Postvention Toolkit
- Trauma Informed Responsive Practices



Abuse Prevention and Mandated Reporting

- Responsibilities of being a “mandated reporter”
- How to recognize sexual abuse indications
- Trauma Informed Responsive Practices
- Kansas Department for Children and Families process and Guide to Reporting Child Abuse and Neglect
 - Process
 - Documentation
- Community resource awareness



Bullying Prevention and Awareness

- Bullying Statute Training
- Bullying Prevention Plan and Toolkit
- Cyberbullying/Digital Citizenship
- Bullying within specialized populations
 - LGBTQ+
 - Students with exceptionalities
- Trauma Informed Responsive Practices
- Social-Emotional Learning
- Kansas Communities that Care Survey





Shanna Bigler
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Special Education and Title Services
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The Kansas State Department of Education does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups. The following person has been designated to handle inquiries regarding the nondiscrimination policies: KSDE General Counsel, Office of General Counsel, KSDE, Landon State Office Building, 900 S.W. Jackson, Suite 102, Topeka, KS 66612, (785) 296-3201.



Human Trafficking



Shanna Bigler



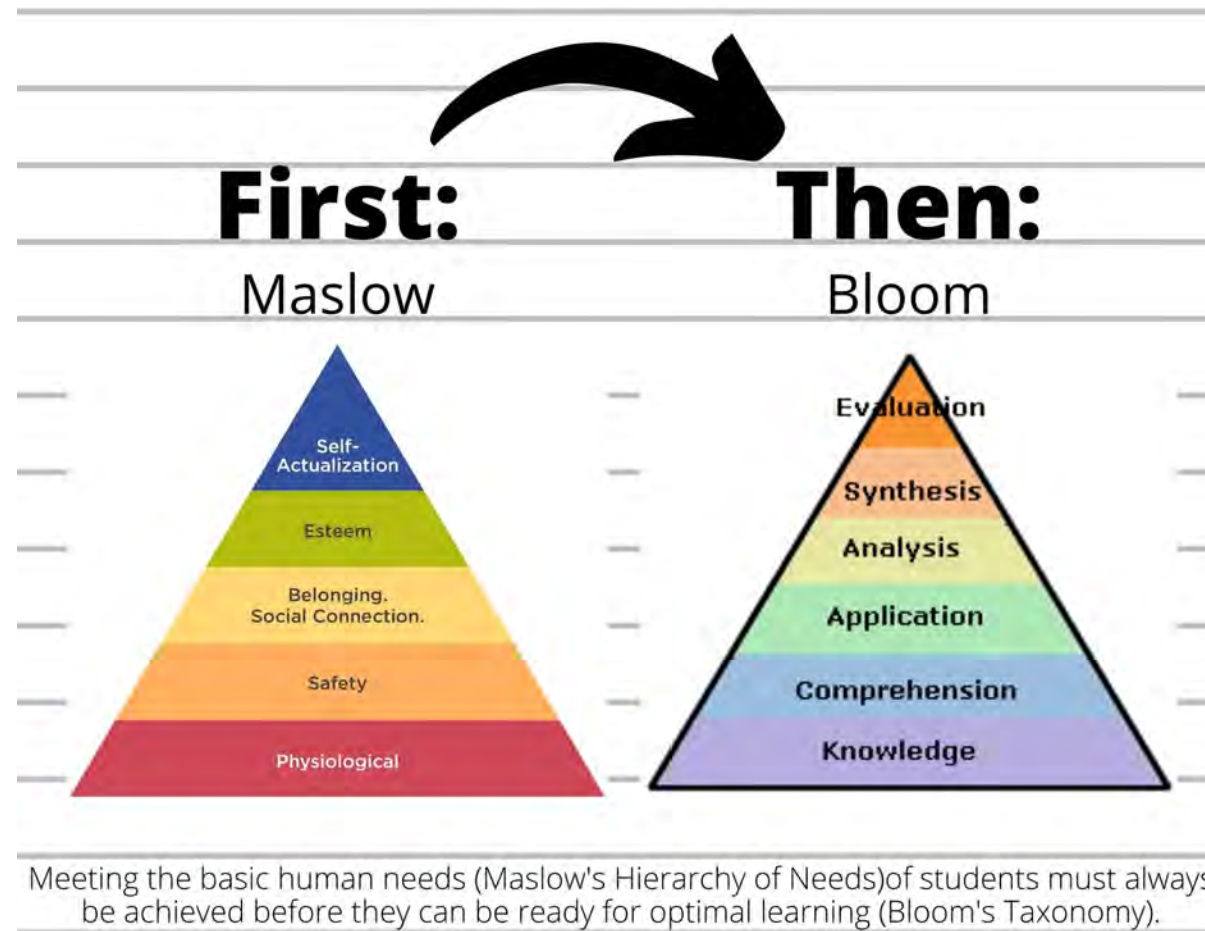
Human Trafficking: Lessons for Kansas Schools



This presentation is based on “Kansas Human Trafficking: What You Should Know” by Jennifer Montgomery, Director of the Kansas Attorney General’s Office of Human Trafficking Education and Outreach.

Kansas leads the world in the success of each student.

Why Educators Need to be Informed on Human Trafficking



What is Human Trafficking?

- **Human Trafficking** is based on recruiting, harboring and/or transporting people solely for the purpose of exploitation
- **No freedom to leave situation**
- Includes *labor trafficking* and *sex trafficking*
- Human Trafficking is one of the largest and fastest growing criminal industries in the world
- Exploits a person's vulnerabilities
- Trafficking industry thrives on ignorance and preys upon the uneducated

*This slide content is directly from the Kansas Human Trafficking Overview:
What You Should Know presentation through the Office of the Attorney*



The Law



Mandatory Reporter

Kansas Reporting Laws:

Mandated reporters are required to report child abuse or neglect under the Kansas reporting law (K.S.A. 38-2223) as follows:

When any of the following persons has reason to suspect that a child has been harmed as a result of physical, mental or emotional abuse or neglect or sexual abuse (*includes suspicion of HT*), the person shall report the matter promptly.

Teachers, school administrators or other employees of an educational institution which the child is attending and persons licensed by the secretary of health and environment to provide child care services or the employees of persons so licensed at the place where the child care services are being provided to the child.

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Other mandated reporters

- Doctors, dentists, nurses, psychologists & other mental health providers, social workers, health care administrators
- Firefighters, EMS providers
- Law Enforcement Officers
- Juvenile intake & assessment workers, court services, community corrections officers

KSA 38-2223

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Federal Crime

The Trafficking Victims Protection Act (TVPA) of 2000 is the first comprehensive federal law to address trafficking in persons. The law provides a three-pronged approach that includes prevention, protection, and prosecution. The TVPA was reauthorized through the Trafficking Victims Protection Reauthorization Act (TVPRA) of 2003, 2005, 2008, 2013, 2018.

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Human Trafficking Crimes- Kansas

Victim under 18:

- Commercial Sexual Exploitation of a Child (CSEC)
- Aggravated Human Trafficking

Victim 18 and older:

- Human trafficking if coerced into labor or sexual exploitation.
- Related crimes that can involve trafficking:
- Buying sexual relations.
- Promoting the sale of sexual relations.
- Selling sexual relations

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Change in Kansas Law

2005 - First HT statute in KS

2013 - The law recognizes the victimization of minors who are commercially exploited in selling sexual relations –even when they don't believe they are victims.

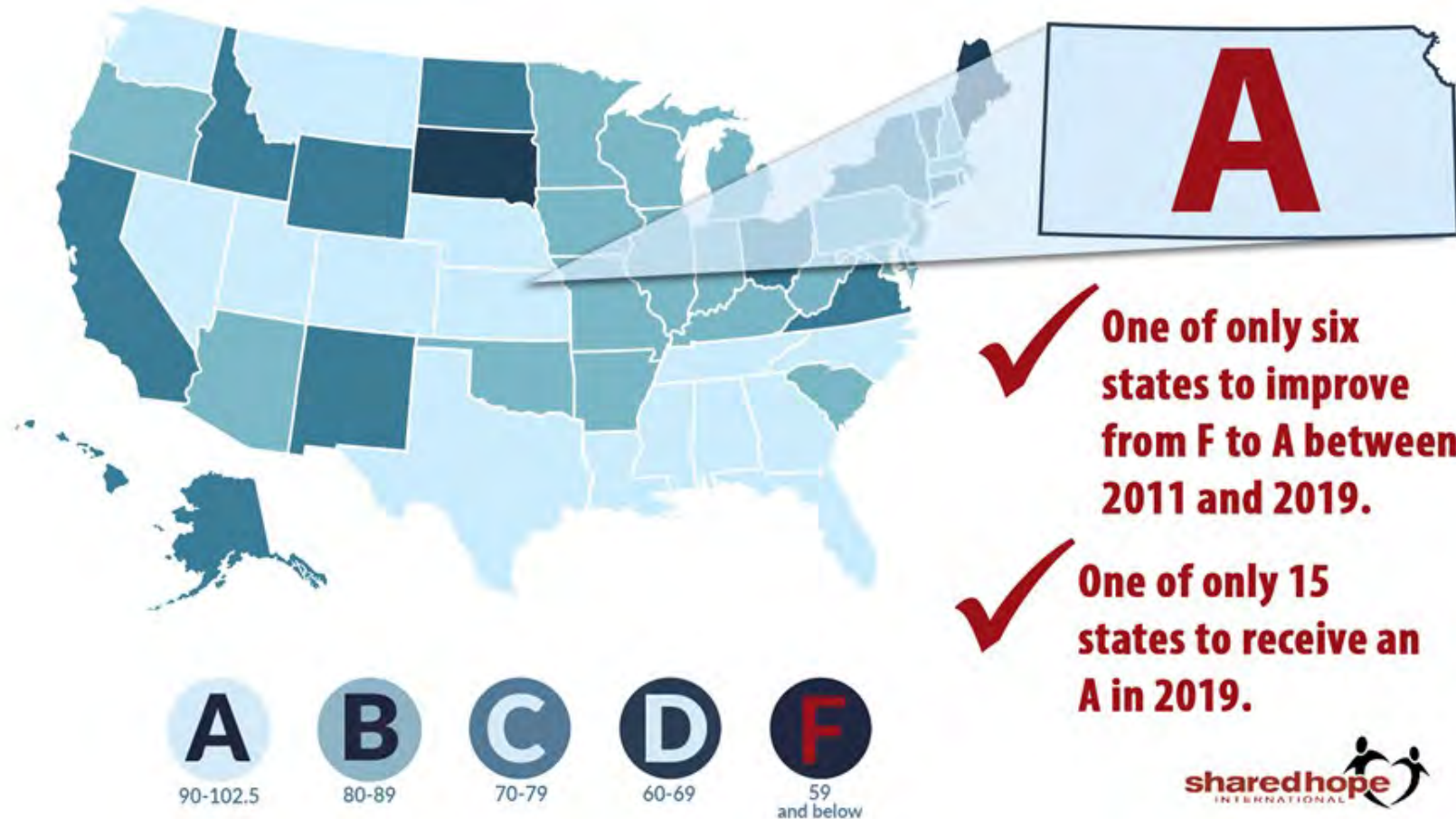
2015 -New law passed allowing victims of human trafficking to seek civil remedies and restitution from convicted traffickers.

2018- New requirement for CDL holders.

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Shared Hope Scorecard- *Protected Innocence Challenge*



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Human Trafficking in Kansas

- More than 80% of human trafficking involves domestic victims and the majority of these are children.
- Kansas has adopted new laws that seek to protect and rescue human trafficking victims.
- U.S. DOJ has identified Kansas as an **originating state** for human trafficking.

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Why Kansas



- Centrally located
- Intersection of major federal interstates: I-70 and I-35
- Hub of mid-western commerce
- Exchange points

This slide content is directly from the Kansas Human Trafficking Overview: What You Should Know presentation through the Office of the Attorney General, division of Human Trafficking.

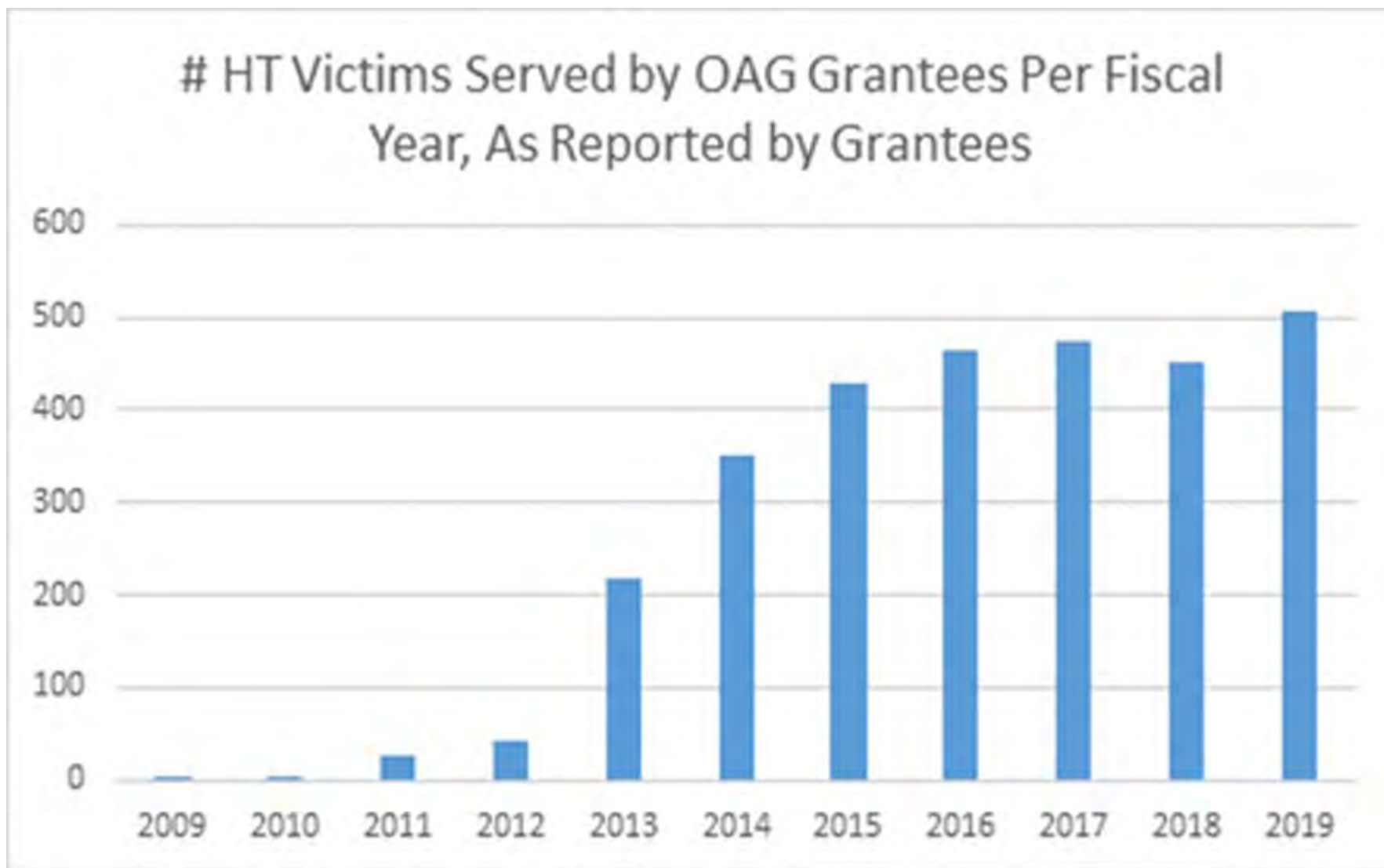


Human Trafficking and Our Students

- Children represent 26% of the 20.9 million victims worldwide (International Labour Org. 2012)
- Both U.S. citizen and foreign national children are trafficked for sex and labor in the U.S. (U.S. Dept. Of State, 2013)
- Each year, as many as 100,000 – 300,000 American children are at risk of being trafficked for commercial sex in the U.S. (U.S. Dept. of Justice, NCMEC)
- *Many child victims of human trafficking are students in the American school system.*

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Victims of Human Trafficking



Characteristics of a Sex-Trafficking Victim

- Average age of entry is 12 – 14 years old
- Majority are runaway and/or youth within the foster care system & child protective services: some come from middle class, or wealth and prosperity
- 70-90% of commercially sexually exploited children have a history of child sexual abuse
- Most are female
- Not likely to consider themselves as victims

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Indicators P-12

- Demonstrates an inability to attend school on a regular basis and/or has unexplained absences
- Frequently runs away from home
- Makes references to frequent travel to other cities
- Exhibits bruises or other signs of physical trauma, withdrawn behavior, depression, anxiety, or fear
- Lacks control over his or her schedule and/or identification or travel documents
- Is hungry, malnourished, deprived of sleep, or inappropriately dressed (based on weather conditions or surroundings)
- Shows signs of drug addiction
- Has coached/rehearsed responses to questions

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Additional Indicators

- Demonstrates a sudden change in attire, personal hygiene, relationships, or material possessions
- Acts uncharacteristically promiscuous and/or makes references to sexual situations or terminology that are beyond age-specific norms
- Has a “boyfriend” or “girlfriend” who is noticeably older (*i.e. 14 year old with 40 year old*)
- Pregnancies or multiple STI’s
- Tattoos or brandings indicating HT *-under the orders of or property of (i.e. street name, initials, diamonds, dollar signs, crowns, barcodes, etc.)*



Photo Source: Long Island Press

*This slide modified directly from the Kansas Human Trafficking Overview:
What You Should Know presentation through the Office of the Attorney*



Students That Could be At-Risk

- Walk to school or to store alone
- Own or have access to computer
- Are attracted to consumer goods
- Desire to develop romantic relationships
- Sometimes feel insecure
- Feel misunderstood
- Fights with parents
- Sometimes feel their parents don't care
- Want more independence
- Test boundaries and take risks

GEMS Training, 2013

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Vulnerable Populations

- Individuals with developmental disabilities
- LGBTQ
- Poverty
- Housing insecurity (homeless)
- Indigenous women
- Individuals with mental illness
- Drug/Alcohol addiction

Human Trafficking = Exploitation of a Person's Vulnerability

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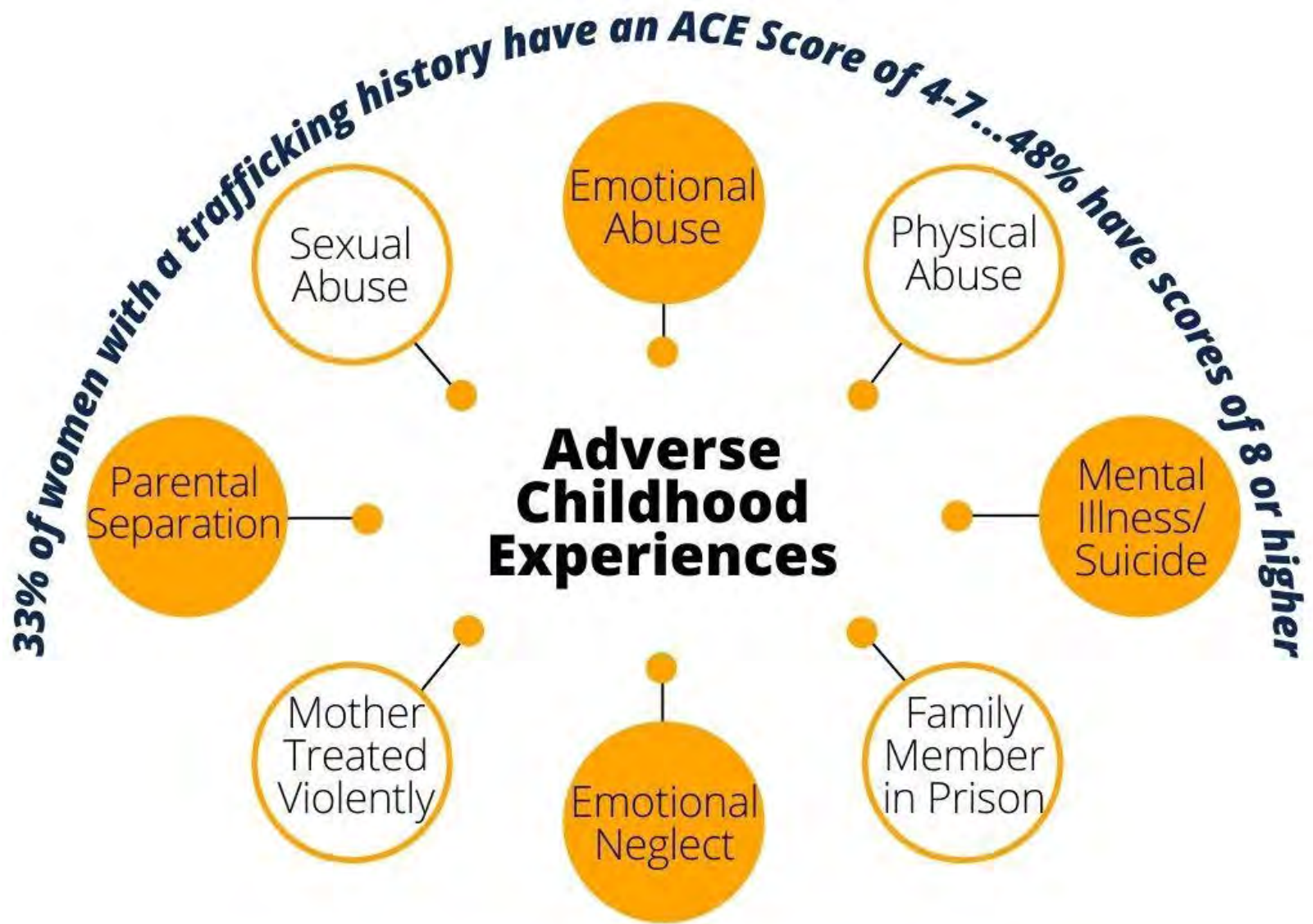
Adverse Childhood Experiences

Research shows that early trauma, ACEs, can be linked to sexual exploitation.

- Abuse
- Neglect
- Parental detachment
- Exposure to addiction

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The Trafficker



Characteristics

- Age 19-45 years old
- Average education is 9.3 years
- 50% completed high school or GED
- 95.5% had a history of drug or alcohol abuse
- 90.0% had a criminal record
- Made \$220,000 – \$500,000 a year

Convicted Kansas Traffickers
Source: EMCU

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How Traffickers Control Victims

Physical abuse

- Deprivation of basic needs
- Physical restraint, captivity or confinement
- Withholding medical care
- Physical assault
- Murder

Sexual abuse

- Rape
- Forced prostitution
- Sexual humiliation

Psych/emotional violence

- Intimidation/fear
- Lies, deception, blackmail
- Unsafe environments
- Isolation/forced dependency (controlling victims personal docs)
- Shame and self blame

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Additional ways...

➤ Substance abuse/misuse

- Forced and coerced use of drugs & alcohol which can create longer-term addiction and monetary dependency.

➤ Manipulation/Romance

- Many use romantic relationships to access victims (Romeo pimps).

➤ Cultural disorientation

- Movement across state or international borders may put victims in areas where they don't speak the language = **vulnerability**.

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Venues

Where traffickers find their victims

- Social Network
- Home Neighborhood
- Clubs or Bars
- Internet
- Schools

Source: Shared Hope International

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Buyers

Age Range of Buyers:

18-89

42.5 *median age*

- 19% of buyers' professions involved working with children (teacher, sports coach, military recruiter, boy scout leader)
- 99% of sex buyers are male
- 22% involved a position of authority or trust (attorney, law enforcement, military or minister)

Demanding Justice Project Benchmark Assessment, 2014

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Big Concept

- Those who purchase sex, fuel the sex industry.
- Most women in prostitution do not have a choice.
- People who buy sex **always** have a choice.

If there were no buyers, there would be no business for the traffickers and no victims of human trafficking.

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Social Media and Sex Trafficking



Recruitment

- Traffickers set up fake accounts online to “friend” teens.
- Teens are approached online and/or in person, at malls, bus stops, parties, school, and other public places.
- Traffickers will use other teens who are already recruited to scout and recruit new teens.
- Traffickers may pretend to “date” teens (*or parents*) to manipulate and gain their trust.
- Drugs, alcohol, money and expensive gifts are often used to manipulate teens (*or parents*).

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Role of Social Media

- Access and ability to connect with more vulnerable youth online.
- Ease of assessing vulnerabilities online. (photos, posts)
- Online grooming. Meeting needs by understanding their vulnerabilities. Exploiting them.
- Quicker relationships than traditional.
- Connection, recruitment and sales.
- Coercion of youth through photo sharing. (sextortion)

University of Toledo study,
2018

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Overview: What You Should Know presentation through the Office of the*



Social Media Facts

- 2 in 5 teens say they tell their parents very little about what they do and where they go online
- 1 in 5 kids has received a sexual solicitation online
- In 82% of online sex crimes against minors, the offender used the victim's social networking sites to gain access
- 39% of teens have sent sexually suggestive messages via text, email or instant messaging
- 12% of parents knew their teens were accessing pornography

Source: Keeping Kids Safe in the Digital Age, Street Grace, 2018

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Most Popular Sites

***Prior to TikTok

- Facebook
- Instagram
- Snapchat
- YikYak
- Whisper
- Whatsapp
- KIK
- Webcam sites (Chatroulette, Omegle, Monkey)
- Yellow (Tinder for Kids)
- Blender
- Tinder

University of Toledo study, 2018

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Grooming



Stages of Grooming

- **Targeting a victim** – Looking for a noticeable vulnerability:
 - Emotional neediness
 - Low self-confidence
 - Economic stress
- **Gaining trust & information:**
 - Through casual conversations (online, social media, in person)
- **Filling a need:**
 - Buying gifts
 - Being a friend
 - Beginning a love relationship
 - Buying drugs and alcohol

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Stages of Grooming

➤ Isolation:

- Creates time to be alone with victim
- Plays a major role in victims life
- Attempts to isolate from family & friends

➤ Abuse begins:

- Trafficker begins claiming a service must be repaid (gifts, alcohol/drugs given, car rides, cell phones)
- Trafficker demands sex as the payment.

➤ Maintains control through threats, violence, fear and blackmail.

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Red Flags and Indicators for School Staff



Red Flags/Indicators

- Inability to attend school regularly/unexplained absences
- Coached or rehearsed responses to questions
- Frequently running away from home
- Bruises, other signs of physical trauma, withdrawn behavior, depression, anxiety or fear
- Hunger, malnourishment, or inappropriate dress (based on weather or surroundings)
- A “boyfriend” or “girlfriend” who is noticeably older or controlling
- Sudden change in attire or material possessions
- Tattoos (branding)
- Signs of addiction, promiscuity
- Not living with immediate family (employer)

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How Human Trafficking Victims are Supported



Services Critical for Protection

- Medical needs
- Safety planning
- Treatment for major trauma, Complex PTSD
- Long term counseling and assistance
- Housing
- Assistance dealing with and testifying against pimps/traffickers
- Addiction treatment
- Educational needs
- Employment assistance
- Specific assistance

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Realities of Victims/Survivors

Victims of HT have often witnessed or have first-hand experience of events involving actual or threatened death or serious injury, threat to physical integrity of self or others.

Response -- INTENSE FEAR, HELPLESSNESS or HORROR.

PTSD diagnosis

Source: HHS

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Common PTSD Symptoms

- Recurring thoughts/memories of terrifying event 75%
- Feeling detached/withdrawn 60%
- Difficulty concentrating and sleeping 60%
- Recurrent nightmares 54%
- Feeling as though event is happening again 52%
- Unable to feel emotion 44%

Source: HHS

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Unique Needs of Human Trafficking Survivors

- Think \$. Reducing people into objects in the most crass way.
- HT victims represent an exceptionally high-needs population—severe mental health issues, grave physical safety concerns, shelter and food needs, heightened protection needs, high addiction issues, and immigration/legal problems.
- Multidisciplinary approach is critical to meet need
- Need for long-term services—2 years or more

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Support to Victims Provided by Trained and Licensed Therapists and Social Workers

Effective Helping for Trauma Victims

Victims will share more...

- when they know they and their loved ones are safe
- when they are listened to and perceive they are believed
- when they believe the listener can tolerate what they are hearing
- when the listener can understand what they are saying

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Assessment

- Child's physical and emotional well-being
- Child's use of alcohol and drugs
- Child's risk of self-harm
- Child's risk of re-engaging in prostitution
- Level of family involvement with the child
- Whether the child needs other intervention services

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Effective Intervention

- Restore a sense of safety;
- Reduce the effects of trauma;
- Help victims move from feeling powerless and hopeless to regain a sense of trust;
- Reestablish future dreams and goals; and
- Help HT victims return as vital, productive community members

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Implications for Educators



What can you do?

- If you or someone you know is being trafficked – *REPORT IT*
- If you see something suspicious – *REPORT IT*
- Learn more about Human Trafficking and educate others
- Incorporate HT info into your extracurricular activities, clubs, fundraisers
- Volunteer or donate to victim service orgs.(gift cards, specific items on need list, etc.)
- Stand up for human dignity

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Report Human Trafficking

- 911 (local law enforcement)
- 1-800-KSCRIME (KBI tip line)
- Homeland Security Investigations: 1-866-DHS-2-ICE
- Polaris National HT Hotline: 1-888-3737-888 or TEXT **INFO** or **HELP** to 233-733 (24 hours, 7 days a week)
- To report a sexually exploited or abused minor, call the National Center for Exploited and Missing Children (NCMEC) hotline 1-800-THE-LOST or cyber tip reporting <http://www.cybertipline.org>
- *KSAG Victim Services Division: 1-800-828-9745*

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Tips for Reporting

- Pay attention to your surroundings in your community.
- Call timely. Don't wait!
- Provide actionable info – details, time, description of those involved, take a picture if possible.
- Do not approach traffickers, dangerous.
- Emergency – call 911.

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KBI SAR Weblink & Launchpad

<https://www.kbi.ks.gov/SAR>



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REPORT SUSPICIOUS ACTIVITY OR CRIME ONLINE:

Notice: Reports submitted online are **not** monitored 24 hours a day. To report an emergency, or a crime in progress, **Dial 911**. To speak to someone directly about a crime or threat **Call 1-800-KS-CRIME**, or your local law enforcement.

When reporting suspicious activity, or providing information about a crime, it is important to give accurate and detailed information about what occurred and where, and descriptions of the individuals or vehicles involved.

WHAT IS SUSPICIOUS ACTIVITY?

Unusual activity does not always indicate that a crime is occurring. However, you know what is normal for your neighborhood and community. If behavior appears to be outside the norm, or frightens you, let law enforcement know.

Suspicious Activity May Include:

- An expressed threat to commit a crime
- Threats of violence, or a communicated or displayed intent to cause harm to another person or persons
- Threats against schools, facilities, or events
- Surveillance of facilities or people
- The discovery of a gathering of weapons, chemicals, explosives, or electronic devices
- Attempts to enter restricted areas, test security systems, or tamper with a secure site
- Signs of human trafficking indicating a person is not free to leave
- Signs of drug activity such as recurring, brief visits to and from a property

Learn more about how to help identify and report suspicious activity that you might observe.





[REPORT SUSPICIOUS ACTIVITY OR CRIME ONLINE:](#)

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[Learn more](#) about how to [help identify and report](#) suspicious activity that you might observe.

Kansas Bureau of Investigation
Suspicious Activity Reporting (SAR)

When did it happen?

Date: Time:

☐ Recurring event

Can you describe the persons involved?

[Describe person](#)

Where did it occur?

Address or Intersection: [Verify](#)

What did you see?

Threat Category:

I saw:

Can you describe the vehicles involved?

[Describe vehicle](#)

☐ I would like to provide contact information about myself. (OPTIONAL)

[I'm done, send the report](#)

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Self-Check

- How do you ensure that you “first do no harm”?
What might you need to consider?
- What bias might you have that you will need to address to be effective?
- How can your interaction be more victim-centered?

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National Resources

NHTRC Hotline 1-888-3737-888
polarisproject.org

sharedhope.org



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Attorney General, Division of Human Trafficking



Questions for the AG's Office?



Jennifer Montgomery

jennifer.montgomery@ag.ks.gov

(785) 296-6115

<https://ag.ks.gov/public-safety/human-trafficking>

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KSDE Contact Information



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Lunch Break

Mobile Crisis Hotline

Shanna Bigler



KSDE Updates

School Mental Health Pilot – John Calvert
Required Trainings – Kent Reed
ESSER and Social Emotional – Bert Moore



School Mental Health Advisory Council – ESSER II Update

There are 106 districts out of 286 that have requested ESSER II funds to support Mental Health/Social Emotional needs that have been approved by the Commissioner's Task Force through September 14, 2021. In these applications the total request for funds to be used to support Mental Health/Social Emotional is \$16,539,272.15. This is broken down by year from 2021-2024 in the following amounts:

- 2021 \$3,143,086.97
- 2022 \$8,181,529.50
- 2023 \$3,392,135.12
- 2024 \$1,822,457.56



In reviewing the district requests I counted the following positions that districts are requesting:

- 2 Instructors (To support mental health needs of students/staff including assessments, SE instruction, screening, etc.)
- 64 Social Workers
- 45 Counselors
- 34 Mental Health Contracted Staff (Unspecified)
- 2 Paraprofessionals

Total professionals requested = 145

Total classified requested = 2



56 districts have yet to apply for ESSER II funds so any added staff being requested for these districts is yet to be determined, also districts could submit additional requests to add staff or submit 'change orders' during the years of ESSER II. This data does not include ESSER I or EANS I requests for staff, only ESSER II. Let me know if you have any questions.



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Member / Agency Updates

Kathy Busch



Future Agenda Topics

Kathy Busch



Wrap Up Comments Adjourn



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